

## Mount Pearl Annual Athletics Awards 2015



## Sam Leawood

Winner of the Male Athlete of the Year Award, 2015

Sam Leawood is a great team leader and an inspiration to swimmers in this province. A Memorial University/ Swim NL Entrance Scholarship winner, Sam trains 30 hours a week with the Mount Pearl Marlins and Mun Seahawks teams, studies engineering at Memorial University, and contributes to both teams performance wise and in terms of mentorship and team spirit. Sam had an outstanding year in 2015. He won medals in 17 Free and Fly events at the AUS championships, the East Coast Championships, and the Body Quest Invitationals, including 10 gold medals. He competed at the Pan Am trials, placing 16th in the 50 Free event. This is the highest level of competition in the country. He also swam at Swim Canada's Senior National event. Sam is ranked 29th in the country for the 50 Free event and is the fastest swimmer in Newfoundland for the 100 Free and 100 Fly events. Thanks to this year's amazing performance, Sam will now compete at Olympic trials in April